



How do I Contact the SAP Team

Before signing the permission form or at any time in the process, if you have questions about SAP or you feel that your child may need help, call your child's school and ask to speak with any of the Cocalico SAP Team Members or you may email any of the team members as well. Or contact Tammy Frey, District Health Services Coordinator at 717-336-1429 or Tfrey@cocalico.org

Is there a cost to participate in SAP?

There is no cost to participate in the program. If it is determined that an assessment by the behavioral health specialist would be of assistance, that is also free. Following the assessment and if deemed necessary, the specialist will work with you to find affordable treatment options for your child.



Is our information kept confidential?

The information gathered during the SAP process is completely confidential and the team will respect you and your child's privacy at all times. Nothing becomes a part of their permanent academic record.

Where do I go for more information?

If you would like more information on SAP, you can go to the Cocalico School District website at www.cocalico.org

click onto your child's school, the counseling page and the link for SAP to see specific information for their building.

You may call and/or email your child's school, a counselor, nurse, administrator, teacher or team member directly.

Help is available.



Are You Worried, Concerned About Your Child?



The Student Assistance Program (SAP) can help children experiencing barriers to learning.



An Information Guide for Parents/Guardians



How does my child become involved in the SAP program?

Anyone may refer a child to the Cocalico SAP team; teachers or other school personnel refer some students. A friend or family member may also notify any school staff member that they are worried about someone. The student as well, may go directly to any staff or SAP team member to ask for help.

Your Child's School Can Help

After a referral is made for my child, what happens next?

Do You See Your Child Showing Any of These Behaviors?

- Withdrawing from family, friends, and/or activities
- Changing friends
- Feeling sad
- Talking about suicide or showing signs of self-injury
- Defying authority, both at home and school
- Acting aggressively, verbally and/or physically
- Lying
- Experimenting with alcohol or drugs
- Needing money without a good explanation
- Declining grades and/or getting into trouble at school

Are You Concerned about Your Child's Reaction to...?

- Recent death of a loved one
- Divorce of parents or Family Relocation
- A relationship problem
- Bullying
- Other traumatic event

What Is SAP?

In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. In the Cocalico School District high school and middle schools, we have a SAP team made up of specially trained school and agency staff, available to help you

What Can the SAP Team Do For My Child?

The Cocalico SAP team will help you find services and assistance within the school and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes.

As the parent/guardian you are an important part of the team.

The SAP Team will gather information to determine how a student is doing in their classes.

A Cocalico SAP team member will contact you via phone regarding your child's referral to the program. **Before a SAP team member talks with your child, you will be asked to sign a permission form.**

As a parent, your knowledge and thoughts about your child are extremely helpful in developing a plan.

Once permission is received, the SAP team will work with you to develop a plan of action to help your child achieve success.